

The Impacts of Trauma on the Growing Brain



501 South 7th Street
Lincoln, NE 68508-2920

How to Register:

Mail Registration and payment to:
Family Service
Attn: Tammy Sassaman
501 S. 7th St.
Lincoln, NE 68508

**Any questions, please contact
Tammy Sassaman at 402-441-7949**

Registration:

*Registration deadline April 3rd

Name: _____

Employer: _____

Employer Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

Payment Method:

A portion of this conference is offered by grant funds so we are able to offer top rate speakers at a reduced fee of \$50.

- Check payable to Family Service Lincoln

***Impacts of Trauma
on the
Growing Brain***

April 10, 2019

from

8:30am-5:00pm

at

**Cornhusker Bank
Corporate Center**

8301 O St., Lincoln, NE 68510

(Enter through the North lower-level
entrance)

CUE's will be offered for MSW's and
LMHP's in attendance the entirety of
the conference.

Agenda:

8:00-8:30 Registration

8:30-11:30 Neurosequential Model
and Impacts of Trauma
and Stress on the Brain

11:30-1:00 Working Lunch

Zen Garden

Integrating MH into
schools

1:00- 2:45 "When Coffee's Not

Enough: Having an 'ACE' up
your sleeve."

3:00-5:00 Therapeutic Approaches
to Treating Trauma

A light breakfast, lunch and snacks
will be provided for this conference

Speakers:

Jody Angel-Trejo owns a small private practice in Kearney, NE with an emphasis on trauma, attachment and early childhood development. Currently, Jody is a Licensed Independent Mental Health Practitioner, with a strong passion for helping children, adolescents and their families find relief from stress or trauma experienced in their development/relationships. She works from a very holistic perspective, as she has extensive training in trauma, neurodevelopment and attachment issues. As she has returned to NE, Jody has spent considerable time and efforts to better understand neurobiological impacts of stress on the developing brain, how to treat these impacts and learning from professionals and clients about effective treatment models. Training over the years include EMDR (Eye Movement Desensitization and Reprocessing), CBT (Cognitive Behavioral Therapy), CPP (Child Parent Psychotherapy), Play Therapy/Expressive Arts, Mindfulness Skills, TF-CBT (Trauma Focused Cognitive Behavioral Therapy), TANT (Trauma Art Narrative Therapy) and NMT (Neurosequential Model of Therapeutics). Jody also enjoys teaching COSP (Circle of Security Parenting) and providing supportive reflection for other facilitators across the state of NE.

Jen McNally is a Licensed Independent Mental Health Practitioner (LIMHP), and Certified Clinical Trauma Professional (CCTP). She has worked for over 16 years with children and families. She has worked as an administrator and mental health therapist in a variety of settings including: Residential treatment facilities, outpatient treatment services, and school settings. Jen previously served on Nebraska's Children's Commission (LB821) and was appointed as Nebraska's Psychotropic Medication Committee's Chairperson. She's currently working for the Educational Service Unit #5 (ESU5), which supports 10 school districts in Nebraska, as a Psychotherapist. She also provides training for school districts on suicide awareness, as a QPR Institute instructor. Jen has presented across the country on trauma informed care, mental health, and self-care strategies and empowerment for public and private institutions. She's a big fan of family, friends, food, laughter and the Philadelphia Eagles!

Dru McMillan

Dru McMillan is a licensed clinical social work (LCSW) and licensed independent mental health practitioner (LIMHP) with 7 years of experience specializing in work with children, especially young children, and families. Ms. McMillan utilizes a variety of evidence/research based therapeutic interventions including: parent child interaction therapy (PCIT), Child Parent Psychotherapy (CPP), Trauma Focused Cognitive Behavioral Therapy (TF-CBT), and Eye Movement Desensitization and Reprocessing (EMDR), Sandtray/Sandplay, and animal assisted therapy (AAT). The majority of her clients have experienced trauma or developmental trauma including sexual and physical abuse, neglect, and domestic violence. Her work encompasses supporting children and families in seeking permanence through reunification as well as adoption. Ms. McMillan has experience providing adoption competent support to children and families at all stages of the adoption process. She also has experience treating behavioral disorders, depression, anxiety, domestic violence, and post-partum depression.