

**Minutes of the Region V Systems
Consumer/Family Advisory Committee (CFAC)
Meeting January 8, 2019**

Present: Dorri Smith, Debbie Buckley, Jae Job, Danielle Smith, Meg Damme, Sadie Thompson, Richard Pethoud, Amie Jackson, Retha Knapp, Lee Clausen, Rebecca de la Motte, Dorothy Miles

Absent: Shawna Mason (Unexcused) Dusty Lord, (Excused)

Non-Members Present: Phyllis McCaul, Donna Dekker

CALL TO ORDER: The meeting was called to order at 9:03 a.m. by the Chair, Danielle Smith. Dorri Smith read over committee rules. Introductions were made.

ROLL CALL: Donna Dekker read the roll call; quorum was established.

1. CONSENT AGENDA ITEMS:

A. Agenda January 8, 2019

- Agenda was approved with the following changes:
 - Additions – ‘Other Business’ Meg will speak about Fresh Start and Amie will discuss her funding application (gave a report out on prior funding application).
 - Moved to next month - #7C. Bylaw review continuation and #9. Region 5 Behavioral Conference Planning Committee

B. Minutes December 11, 2018

- After reviewing, Sadie Thompson made a motion to approve, Retha Knapp seconded; members unanimously approved the minutes as written.

2. FINANCIAL SUMMARY REPORT - (Retha) Unallocated funds \$15,981.99 (\$5,000 of this will be used for Region V Behavioral Health Conference)

3. EXECUTIVE BOARD REPORT - No Report

4. STANDING COMMITTEE REPORTS:

- **Funding Committee** – No Report (Dusty absence)
- **Membership & Communications Committee** – (Rebecca) Would like to have volunteers serve on the committee and hopes to start meeting on a regular basis. Retha spoke briefly about website <http://necoalitionforpeers.org/> going live in the very near future.
- **Bylaws, Policies, and Procedures Committee** – Bylaws review have been postponed until next month.

5. Other Reports: Sadie gave a final project report on Seminar II WRAP Facilitator Training. Plan is to track and be in contact with facilitators on the trainings they are providing. Retha

added, if facilitators don't have a home base to conduct a training, Matt Talbot has space for them to have WRAP training.

6. Other Business:

- Meg Damme spoke about Fresh Start. She started with a brief history of how it started and how they serve women today.
 - Fresh Start is a transitional shelter that empowers homeless women to change their lives by recognizing and utilizing their strengths to overcome barriers to self-sufficiency.
 - Fresh Start Home offers a safe, structured, alcohol- and drug-free environment for women invested in attaining self-sufficiency. Services are offered to women ages 19 years and older.
 - For more information, go to <http://freshstarhome.org/>
- Amie Jackson presented more information on the Star Tran Bus Pass funding application. MHA is asking for the committee's support through this funding application. The bus passes provide client with transportation needed to get to and from; job interviews, work, parole, probation, various appointments (doctor, counseling, therapy), meetings with MHA and peers, and WRAP classes needed to move forward in their recovery. *Group discussion was held and after a ballot vote was taken, this application was not approved.*

- 7. Open floor:** Richard mentioned his term limits are coming up to serve on the BHAC committee so there will be an opening. Next month he is going to speak about what BHAC is and what they do. Keep this opening in mind if this is something you would be interested in serving on.

ADJOURNMENT: The meeting adjourned at 10:48 am.