

## **Region V Systems**

Promoting Comprehensive Partnerships in Behavioral Health

### **Region V Level of Care Meeting**

November 19, 2018

1:30 p.m.

1645 'N' Street

Lincoln, NE

**Present:** Greg Bernt, BVBH; Dina Critel-Rathje, Julie Fisher-Erickson, LFS; Kathy Foster, VA; Jacob Grell, Shala Hartmann, Stephanie McLeese, CenterPointe; Jane Harms, Adult Protective Services; Tim Kennett, LPD; Laura Kersten, St Monica's; Katie Kimmerling, The Bridge; Ty Callahan, UHC; Kristin Nelson, Bridget Thompson, Lee Heflebower, Robin Schmid, and Kim Whaley, Region V Systems

**1. Welcome, Introductions, Announcements, Additions to the Agenda**

- Welcome and introductions were conducted.

**2. System Issues:**

- No issues were reported with the new flex fund procedures.
- The four-day BETA invite was just sent out and it will be the end of January.
- There were 44 admissions at Crisis Center this past month. Still having challenges getting admissions to the Regional Center and looking at other options.
- Housing Vouchers are only accepting Priority 1 applications.
- The question was raised about interpreters - who is covering these services for providers – Medicaid, etc.? At the Crisis Center it has been an issue from time to time, but recently they are using a device called The Travis Translator. It has worked well with the four languages that Dr. Roy speaks. They got the device with a grant.

**3. Specific Case Discussion:**

- A discussion took place regarding a consumer who had been prescribed a compounded prescription and Medicaid will not cover. She was referred to her insurance company and Region V to see if they have any ideas. Any compounding of medications will most likely run into a lot of brick walls.

**4. Updates:**

- St Monica's hired a new short-term counselor that will start in January.
- The Crisis Center has found a high value on doing injectable medications. The insurance company is generally willing to cover. Medicaid is not good at covering the injectables, however, they are generally able to find a coupon for the consumer. It has found that injectable meds are working much better for consumers than daily meds.
- LPD reported that eight resource officers have been placed in the schools.
- The VA has hired a new coordinated entry position.

**5. Bed / Capacity Availability Update:**

- Agencies reviewed openings and wait lists.

**6. Other Business:**

- Providers are wanting ASI trainings. Nelson reported that they got a couple of names at the Provider Meeting that may be able to provide this.

- It was recommended that the pharmacist that presents at the BETA training do a training for the providers. She does a good presentation on why people are hesitant to take medications and the side effects they cause, i.e., 50-pound weight gain, dry mouth, tiredness.

7. **Next Meeting**

- The next meeting date is **December 17, 2018**, 1:30 p.m. – 3:00 p.m.