

**Minutes of the Region V Systems
Consumer/Family Advisory Committee (CFAC)
Meeting May 8, 2018**

Present: Dusty Lord, Sadie Thompson, Danielle Smith, Richard Pethoud, Shawna Mason, Retha Knapp, Dorri Smith, Debbie Buckley, Jae Job

Absent: Julie Loftin, Cathleen Collett, Rebecca de la Motte, Dorothy Miles (Unexcused), Marlene Sorenson, Amie Jackson, (Excused)

Non-Members Present: Donna Dekker, Phyllis McCaul

CALL TO ORDER: The meeting was called to order at 9:01 a.m. by the Chair, Dusty Lord. Dorri Smith read over committee rules. Introductions were made.

ROLL CALL: Donna Dekker read the roll call; quorum was established.

1. CONSENT AGENDA ITEMS:

A. Agenda May, 2018

Agenda was approved with additions:

- 7. Executive Report – Discuss Committee Elections
- 9. Funding Application Report – Jacob Grell

B. Minutes April 10, 2018

- After reviewing, Retha Knapp made a motion to approve, Sadie Thompson seconded, and members unanimously approved the minutes as written.

2. FINANCIAL SUMMARY REPORT (Retha)

- Funds unallocated: \$27,172.26

3. Strategic Plan – Patrick Kreifels and Erin Rourke

Patrick and Erin discussed Region V Systems FY18-19 Strategic Plan Report that was provided. They went over the charts and answered question that anyone had.

4. EXECUTIVE BOARD REPORT – Elections will be coming up soon so Dusty asked anyone if they want to volunteer themselves or another member to serve in one of the positions:

- **Chair** – Danielle Smith
- **Vice Chair** – Jae Job
- **Financial** – Retha Knapp
- **Secretary** – Sadie Thompson

Anyone interested in serving one of these positions can submit their names in to Dusty Lord by May 31, 2018.

5. STANDING COMMITTEE REPORTS

- A. Bylaws, Policies, and Procedures Committee – (Richard) No Report**

B. Funding Committee – (Dusty) Two applications listed below were received and forwarded to be voted on. *(Both were Unanimously Approved by the group after reviewing the applications)*

- *Peer to Peer Support Group – Phyllis McCaul (\$1900)*
- *Children’s Mental Health Awareness Event – Sandy Thompson (\$2000)*

C. Membership & Communications Committee (Rebecca) – No Report

D. Bylaws, Policies, and Procedures Committee (Richard) – No Report

6. Other Reports:

○ **Funding Application Report Out:**

- Jacob Grell gave the final report for CABHI participants. Bus passes and access to laundry services from funds received through their funding application. Receiving these funds have had a strong impact on CABHI and were vital to the progress of the consumers who utilized them. It is with the generosity of these funds that participants are able to have better access to the community and to learn and maintain good hygienic practices by having the ability to do one’s laundry at a laundromat instead of a bathtub or sink. Bus passes were provided to individuals in the program with limited or no income so they could utilize Lincoln’s Public Transit system to get to medical (mental and physical health) appointments, day programming and medication management appointments, as well as transportation to go to work or look for employment. Jason answered questions after giving his report.
- Dusty gave the final report for “WRAP® for Reducing Clutter”. There were 4 attendees in this group. Some thought they could relate better to the smaller class size and there was less cross talk. Unused funds in the amount of \$145.70 will be returned.

7. The Eight Dimensions of Wellness - *The Eight Dimensions of Wellness* – Debbie Buckley (Social Wellness)

Debbie discussed her PowerPoint handout and how social wellness emphasizes the interdependence with others and nature. It includes the pursuit of harmony in one’s family. As you travel a wellness path, you’ll become more aware of your importance in society as well as the impact you have on nature and your community.

The social dimension of wellness encourages contributing to one’s human and physical environment to the common welfare of one’s community.

Next month - June 12, 2018 – Shawna Mason (Financial)

8. Other Business: OPEN FLOOR:

ADJOURNMENT: The meeting was adjourned at 11:41 am.