

## REGIONAL GOVERNING BOARD

### MINUTES

June 11, 2018  
1645 'N' Street  
Lincoln, NE  
10:30 a.m.

**MEMBERS PRESENT:** Greg Janak, Butler County; Susan Johnson, Fillmore County; Dennis Byars, Gage County; Les Avena, Johnson County; Todd Wiltgen, Lancaster County; Marvin Bohling, Nemaha County; Dean Speth, Otoe County; Jan Lang, Pawnee County; Janet Henning, Saline County; Roger Glawatz, Seward County; Dean Krueger, Thayer County; Bill Bamesberger, York County

**MEMBERS ABSENT:** Gale Pohlmann, Jefferson County; Jerry Westring, Polk County; Jim Davidson, Richardson County; Doris Karloff, Saunders County

**OTHERS PRESENT:** C.J. Johnson, Tami DeShon, Patrick Kreifels, Kim Michael, Robin Schmid, Amanda Tyerman-Harper, Paul Van De Water, and Marti Rabe, Region V Systems

### OPEN MEETINGS ACT INFORMATION

Byers noted the Open Meetings Act information is posted in the meeting room. Notification of this meeting and information regarding availability of the agenda was provided through a legal notice in the Lincoln Journal Star.

### CALL TO ORDER / ROLL CALL / AGENDA

The meeting was called to order by Byars at 10:33 a.m., followed by roll call.

Roll Call: Present: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Johnson asked that the first contract to be discussed (included in Agenda Item F) be pulled out for separate consideration and requested that all the surveys (Agenda Item L) be approved in one motion. Henning made a motion, seconded by Lang, to approve the agenda with the requested considerations. There was no discussion.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

### PUBLIC COMMENT

There was no public comment.

### ACTION / PRIORITY ITEMS

**Regional Governing Board Minutes:** Johnson made a motion, seconded by Bamesberger, to approve the Minutes of the May 14, 2018, meeting. There was no further discussion. No action was required regarding the Executive Committee minutes of the same date.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Seward County, York County

Abstain: Johnson County, Saline County, Thayer County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Fiscal/Financial Report:** Copies of the report were available Monday morning. Van De Water presented the financial report through April reviewing revenue and expenditures. With limited expenditures anticipated by June 30 Van De Water noted no significant concerns. With 83.33 percent of the FY year completed, the Regional budget stood at 74.75 percent, 8.5 percent under budget, or approximately \$450,000. Van De Water commented that June is a three-payroll month which will increase spending for salaries for the month of June. Krueger made a motion, seconded by Bohling, to approve the Financial Report as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**State Budget Plan / FY 18-19 Office Budget:** Van De Water presented the State Budget Plan drawing attention to revenue sources for all mental health and substance use disorder services including fee-for-service (FFS) and non-fee-for-service (NFFS) as well as system coordination. Total State revenue plus County Match is anticipated to be \$20,598,588. Income and expenditure projections for the office budget for FY 18-19 were provided. Van De Water noted that other revenue sources include grants, contracts with the State, interest, and sublease payments from building partners. Personnel expenses declined by about two percent due to the loss of several staff members when the CFS contract was terminated though insurance expenses increased by approximately 15 percent. A budget shortfall of approximately \$371,000 will be managed by shifting funds from the General Fund. Region V anticipates being able to restore approximately \$450,000 to the General Fund based on the current fiscal year expenditures for Region V office expenses as noted above. Wiltgen made a motion, seconded by Bamesberger, to approve the State Budget Plan and FY 18-19 Office Budget as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Alternative Compliance for Community Support:** Tyerman-Harper explained that providers and the Region must request Alternative Compliance for Community Support annually because of how the service definition is worded. Per the service definition three hours of contact or three contacts are required to bill for a unit of this service. Alternative Compliance allows providers to bill in 15-minute increments and receive reimbursement for services provided for those clients that they are not able to see for a total of three hours or three contacts per month. Providers making this request include: Blue Valley Behavioral Health, CenterPointe, Lutheran Family Services and St. Monica's. Henning made a motion, seconded by Lang, to approve Alternative Compliance billing for Community Support as requested by these providers.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**County Match:** Van De Water explained that the Board had approved the County Match in April with no changes. The Region's spending authority will be increased by \$450,000 due to additional funding from Program 38 which will allow the Region to purchase all over-produced FFS units. This additional funding requires additional County contributions. Johnson made a motion, seconded by Agena, to approve the revised County Match (RP-1) as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Contractual Agreements for Region V:**

Nebraska Department of Health and Human Service (DHHS – 1):

Contract Amendment: As requested, this contract amendment in the amount of \$450,000 was discussed apart from the rest of the contracts / contract categories. This Contract Amendment will increase Region V's spending authority by up to \$450,000 and allow reimbursement for overproduced FFS units. Johnson asked for a motion to approve the increase in the Region's spending authority by \$450,000 and also to approve any shifts the Region determines necessary by July 30. Bohling made a motion, seconded by Krueger, to approve the increase in the Region's spending authority by \$450,000 and pre-approve contract shifts that may occur prior to or on July 30.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

Nebraska Department of Health and Human Service (DHHS – 4)

Johnson noted that the Board will meet again before several of the Federal contracts will renew, but the Region anticipates the State will ask for a quick turnaround in approving the contracts. Johnson reviewed the following remaining categories of contracts:

- DHHS / Opioid Grant Contract: This contract, in the amount of \$190,000, is for the purpose of funding activities that reduce opioid overdose related deaths and abuse of opioids through the use of prevention, treatment, and recovery activities.
- DHHS / Regional Contract: This contract, in the amount of \$19,428,613, is for the purpose of funding activities related to prevention, rental assistance, transition voucher program, behavioral health coordination and network management activities.
- DHHS / Substance Abuse and Mental Health Services Administration (SAMHSA) Youth Suicide Prevention Grant: This contract, in the amount of \$63,000 to Region V, focuses on prevention of youth suicide.
- DHHS / System of Care (SOC) Grant for Youth Crisis Response: This contract, in the amount of \$365,000, provides for the implementation and evaluation of the SOC grant project. The grant cycle runs from October 1, 2018, through September 30, 2019.

Network Providers: Region V contracts with 15 providers and / or collaborations for the provision of mental health and substance use disorder services. Johnson reviewed each contract entity and the amount of funding provided for those services. There were no significant changes in the amounts allocated to each provider including Bridge Behavioral Health.

Prevention Federal Block Grant Recipients: Johnson presented the Federal Block Grant Recipients reviewing each grantee, the amount of the award, and the purpose for which the funds will be used. Coalitions are requesting funds for activities which are evidence-based practices so amounts of grants and activities are similar in some instances. Board members questioned why a combined county group was receiving a significantly larger amount of funding than other coalitions and asked for clarification at the September meeting.

Drug Free Communities Federal Grant:

- DHHS and SAMHSA: This contract, in the amount of \$125,000 to Region V, is for the purpose of addressing underage drinking and drug use in Nemaha County.
- Nemaha Advocates Alcohol and Drug Awareness Prevention Coalition: This contract in the amount of \$116,250 is for implementation of the foregoing prevention activities. Bohling noted that the Nemaha County Coalition has been re-branded as Nemaha Community Health Partnership and raised concerns that funding might be lost because the Coalition name was in error.

Emergency Protective Custody (EPC): Region V enters into EPC contracts with each of the 15 rural counties. In addition the Region contracts with The Bridge Behavioral Health (BBH) and the Mental Health Crisis Center (MHCC) to provide emergency protective custody services as well as a collaborative contract among Region V, MHCC and BBH to facilitate transition from one facility to another.

Building Partners: Johnson reviewed the various building partner contracts explaining that the purpose of these contracts is to provide facilities usage, fiscal support and information technology support for entities renting office space here. Those entities include: Families Inspiring Families (\$18,690), Human Services Federation (\$1,328), and Mental Health Association of Nebraska (\$53,784).

Pathways for Assistance of Transition from Homelessness (PATH):

- DHHS: This contract in the amount of \$65,000 is for the purposes of funding activities to reduce homelessness.
- CenterPointe: The subcontract with CenterPointe provides PATH services using the \$65,000 derived from the aforementioned DHHS PATH contract.

DHHS / Mental Health First Aid (MHFA): DHHS contracts with Region V to coordinate and provide MHFA training using the funds to sub-contract with a number of individuals to actually provide the MHFA trainings in the community.

Miscellaneous: Johnson reviewed the Miscellaneous Contracts explaining the purpose for each one. These contracts are with the following entities: Families Inspiring Families, University of Nebraska Medical Center (up to \$29,989) for maintenance and promotion of the [nebraskabehavioralhealthjobs.com](http://nebraskabehavioralhealthjobs.com) website; and University of Nebraska-Public Policy Center (\$5,358) for technical assistance and consultation to build continuous quality improvement organizational capacity.

Cluster-Based Planning: These contracts with various individuals and entities are for the purpose of providing cluster-based planning training to network provider staff and coordination of cluster-based planning implementation. In addition to contracting for training, the Region contracts with Synthesis Inc. for training, training of trainers, data analysis, technology sharing, outcomes data reporting and analysis of the cluster-based planning project.

Housing:

- DHHS and SAMHSA: This contract in the amount of \$655,519 to Region V is for the purpose of expanding behavioral health treatment for chronically homeless individuals.

- CenterPointe / SAMHSA Cooperative Agreements to Benefit Homeless Individuals (CABHI) Grant: This contract in the amount of \$286,628 to CenterPointe is for implementation of the preceding contract with DHHS and SAMHSA.
- Mental Health Association of NE (MHA) / SAMHSA CABHI Grant: This contract in the amount of \$102,997 to MHA is for the purpose of providing supportive employment and benefits review for individuals served by the CABHI grant.
- UNL Public Policy Center: The purpose of this contract in the amount of \$128,338 is for the purpose of providing evaluation services for the SAMHSA CABHI grant.

Following review of all the contracts, Johnson asked for a motion with the following contingencies: 1) Related to Prevention Federal Block Grant recipients, the Board had asked for clarification regarding the consortium of Otoe, Johnson, Pawnee and Richardson Counties and recommended that \$26,000 be approved at this time and the remaining request be an agenda item for the September Board meeting; 2) Related to the Drug Free Communities Federal Grant for Nemaha County, due to the error in the name of the coalition, the approval reflects that the funding is approved for the “active prevention coalition in Nemaha County.” Wiltgen made a motion, seconded by Henning, to approve all the contracts in the above categories with the two contingencies so noted.

Roll Call:       Yes:       Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent:   Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Authorized Signature:** Johnson explained that the State has moved to a DocuSign system where the Board Chair could sign contracts with the State electronically. Anticipating challenges in tracking what contracts have been signed, Johnson asked for Board approval to allow him to electronically sign any contract with the State that has been approved by the Board. Lang made a motion, seconded by Bamesberger, to authorize Johnson to sign contracts with DHHS or their Divisions using the DocuSign system when the Board has approved those contracts. The Executive Committee will be notified any time the DocuSign system is used for this purpose.

Roll Call:       Yes:       Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent:   Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**FY 18-19 Prevention Mini-Grant Recommendations:** Johnson presented the 2018 summer cycle for Prevention Mini-Grants reviewing each of the grant applications and the purpose for which funds were being requested. A total of \$7,960.25 was requested and that amount was approved by the BHAC Subcommittee and subsequently the BHAC. Bohling made a motion, seconded by Agena, to approve the FY 18-19 Prevention Mini-Grant Recommendations as recommended by the BHAC.

Roll Call:       Yes:       Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent:   Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**F 18-19 Special Populations Award Recommendations:** Johnson presented the Special Population Award Recommendations. \$4,500 was requested and \$4,325 was approved. Bohling made a motion, seconded by Janak, to approve the FY 18-19 Special Populations Award Recommendations as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**FY 19 Strategic Plan:** Johnson reviewed the Region's FY 1819 Strategic Plan noting the following:

- The Strategic Plan has been reviewed by the Executive Committee
- There were not a lot of changes from the previous version, and the objectives have remained the same.
- The three Organizational Goals and three System Goals and Objectives were reviewed.
- Johnson commented that Region V had recently completed a highly successful CARF survey and has added accreditation for Network Management to accredited programs. Johnson related that CARF surveyors were complimentary of Region V and out of 2,000 standards reviewed, surveyors only had one recommendation. Surveyors reported being impressed with strategic and business planning taking place at the Region.

Henning made a motion, seconded by Lang, to approve the FY 19 Strategic Plan as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**One-Time Only (OTO) Funding Report:** Johnson briefly reviewed the origin of these funds noting that these dollars are "leftovers" from Behavioral Health Reform when the system moved to a community-based system. In 2008 the Division announced that 3.1 million dollars remained. Region V and one other individual challenged that amount and following review by the HHS Legislative Committee, it was determined that 15.2 million was actually available. At that time Region V received 4.2 million dollars in OTO funding. Changes noted are that funding to the Provider Network line item was reduced by \$54,000 and by \$27,580 for the Consumer & Family Coalition. These changes allowed the Region to add \$84,000 to the line item for Region V's data system. Johnson assured Board members that no services or activities would be affected by these reductions. Johnson made a motion, seconded by Agena, to allow the shifts requested and approve the revised One-Time-Only Funding Report as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Annual Survey Results:** Johnson briefly reviewed the following annual surveys:

- Network Provider Executive Director: This survey has been reviewed with Network Providers who requested a feedback loop following Board approval. In the future, Board minutes (draft) will be forwarded to the Network Providers.

- Behavioral Health Advisory Committee: The BHAC provided similar feedback, and BHAC members will also receive Board minutes in draft form.
- Regional Governing Board: None of the survey results for the RGB fell below the 80 percent threshold.
- Region V Employees: For the staff survey, only one question fell under the 80 percent threshold. The comment noted that there were not a lot of opportunities for advancement within the Region. Johnson commented that the Region has developed a program called Patches of Green which offers learning opportunities for personal and career growth.
- Best Places to Work Overview Summary: Johnson stated that while Region V did not fall in the top five this year, a lot of helpful information is available following the survey.

Bohling made a motion, seconded by Lang, to approve and place on file the Annual Survey Results.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Site Visit Report Summaries:** Tyerman-Harper presented Site Visit Report Summaries for Associates in Counseling and Treatment, Child Guidance Center, and Mental Health Crisis Center. All three agencies received 100 percent verification for the two-percent unit audit and were found to be in compliance with minimum standards and contract requirements. Wiltgen made a motion, seconded by Glawatz, to approve the Site Visit Report Summaries as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Succession Plan (Revised):** Michael reviewed changes to the Succession Plan which is a requirement for accreditation by CARE. Most of the revisions had to do with language related to the Associate Regional Administrator position, which no longer exists. The Corporate Compliance Officer would now serve as Acting Regional Administrator in the absence of the Regional Administrator. Definitions for “short-term” and “long-term” were clarified. Janak made a motion, seconded by Glawatz, to approve the revised Succession Plan as presented.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**Regional Administrator FY 18-19 Compensation:** Byars stated that the Executive Committee met on May 14, to conduct C.J. Johnson’s annual performance evaluation. The Executive Committee found the evaluation assessment to be satisfactory. Based on this evaluation, the Executive Committee finds Johnson to be eligible for an annual salary increase of 3.74 percent (based on the salary step plan) effective July 1. Glawatz made a motion, seconded by Henning to approve Johnson compensation for FY 18-19.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

**BHAC Attendance:** Tyerman-Harper explained that BHAC bylaws require that members attend at least 50 percent of the meetings. While the positions are voluntary, serving on the BHAC requires members to be engaged and informed. Brenda Tracy was unable to attend six of seven meetings largely due to work related conflicts. Wiltgen made a motion, seconded by Glawatz, to recommend removing Tracy from the BHAC.

Roll Call: Yes: Butler County, Fillmore County, Gage County, Johnson County, Lancaster County, Nemaha County, Otoe County, Pawnee County, Saline County, Seward County, Thayer County, York County

Absent: Jefferson County, Polk County, Richardson County, Saunders County

Motion carried.

#### **OTHER UPDATES / LEGISLATION / INFORMATIONAL ITEMS**

**Behavioral Health / Legislation Updates:** Johnson provided the following updates:

- The additional \$450,000 this year is a one-time increase to pay for over-produced FFS units. The funding was pulled from Program 38 as other Regions did not have unallocated funds available to shift. Johnson has informed providers not to anticipate additional funding for next year, and to plan accordingly when establishing their budgets. Should providers be forced to decrease staff there will be an increase in time on wait lists and less individuals will be served as a result. It is hoped that the impact can be demonstrated to the Legislature and the behavioral health allocation can be increased as a result.
- Wiltgen provided an update on the status of Civil Protective Custody (CPC) at The Bridge Behavioral Health (BBH). The Division wants BBH to adopt the social detox model and do away with locked rooms. Despite many meetings and efforts to resolve the licensing and accreditation issues, there has been little concrete forward movement. Should BBH be unable to continue to operate as it currently does the impact on the community and County will be significant and costly with thousands of intoxicated individuals going to jail and / or the hospital if their level of intoxication warrants. Another meeting is scheduled for Wednesday of this week and will include a CARF consultant.

**Emergency System:** No additional updates.

**Continuous Quality Improvement:** RQIT is meeting this afternoon at 1:00 p.m. and will be establishing targets and thresholds based on the data collected thus far.

**FY 17-18 Capacity Utilization Summary Reports, Management Report, FY 18-19 Schedule of Meetings (Draft), FY 18-19 Site Visit Schedule (Draft): Training:** Provided for informational purposes.

#### **OTHER BUSINESS**

#### **ADJOURN**

The meeting was adjourned at 12:31 p.m.

#### **IMPORTANT DATES**

June 18 – Network Provider Meeting – 9:00 a.m.

August 29 – BHAC Meeting – 10:00 a.m.

September 10 – RGB Meeting – 10:30 a.m.