

**Region V Systems**  
Promoting Comprehensive Partnerships in Behavioral Health  
**Regional Governing Board**

**AGENDA**

March 12, 2018

10:30 a.m.

Region V Systems

1645 'N' Street

Lincoln, NE

Phone: 402-441-4343

Webpage: [www.region5systems.net](http://www.region5systems.net)

| AGENDA ITEM  | ACTION NEEDED | PAGE             |
|--|---------------|------------------|
| 1. Housekeeping .....  | Discussion    | N/A              |
| 2. Open Meetings Act Information .....                             | Discussion    | Posted           |
| 3. Roll Call .....   | Call the Roll | N/A              |
| 4. Approve Agenda .....  | <b>Motion</b> | N/A              |
| 5. Public Comment .....  | Discussion    | N/A              |
| 6. Staff Recognition .....   | Discussion    | N/A              |
| <b>7. <u>Action / Priority Items</u></b>                           |               |                  |
| A. Regional Governing Board Minutes:                               |               |                  |
| ➤ February 12, 2018 .....  | <b>Motion</b> | 1-7              |
| ➤ February 12, 2018 Executive Committee Minutes .....              | Discussion    | 8-9              |
| B. Financial Report .....  | <b>Motion</b> | Available Monday |
| C. Contracts .....   | <b>Motion</b> | 10-12            |
| ➤ Four Corners Health Department                                   |               |                  |
| ➤ Public Health Solutions  |               |                  |
| ➤ Southeast District Health Department                             |               |                  |
| D. FY 17-18 Site Visit Summary Reports .....                       | <b>Motion</b> | 13-16            |
| E. BHAC Membership Recommendations .....                           | <b>Motion</b> | 17               |
| <b>8. <u>Other Updates / Informational Items</u></b>               |               |                  |
| A. Behavioral Health / Legislative Updates .....                   | Discussion    | N/A              |
| B. Emergency System .....  | Discussion    | N/A              |
| C. Continuous Quality Improvement .....                            | Discussion    | N/A              |
| • Network Compliance Review Report .....                           | Discussion    | 18-21            |
| • Network Performance Improvement Summary .....                    | Discussion    | 22               |
| D. FY 19 Regional Budget Plan .....                                | Discussion    | 23               |
| E. FY 17-18 Capacity Utilization Summary Reports.....              | Discussion    | 24-42            |
| F. Annual Acknowledgement Report .....                             | Discussion    | 43               |
| G. Gold Award: Recycle Lincoln Leadership Program.....             | Discussion    | N/A              |
| H. Management Report.....  | Discussion    | 44-46            |
| I. Training .....  | Discussion    | 47-50            |
| <b>9. <u>Other Business</u></b>                                    |               |                  |
| <b>10. <u>Important Dates</u></b>                                  |               |                  |
| • March 19 – Network Provider Meeting – 9:00 a.m.                  |               |                  |
| • March 28 – BHAC Meeting – 10:00 a.m.                             |               |                  |
| • April 9 – RGB Meeting – 10:30 a.m. (at Region V Services Office) |               |                  |

## ABBREVIATIONS

### General Terms

|       |  |
|-------|--|
| ACT   | Assertive Community Treatment / PIER                           |
| ASO   | Administrative Service Organization                            |
| BH    | Behavioral Health  |
| BHAC  | Behavioral Health Advisory Committee                           |
| BHECN | Behavioral Health Education Center of Nebraska                 |
| CAG   | Capacity Access Guarantee                                      |
| CARF  | Commission on Accreditation of<br>Rehabilitation Facilities    |
| CBC   | Community Benefits Center                                      |
| CCT   | Corporate Compliance Team                                      |
| CDS   | Centralized Data System  |
| CFS   | Children and Family Services                                   |
| CHE   | Community Health Endowment                                     |
| CLAS  | Culturally and Linguistically Appropriate<br>Services          |
| CMS   | Centers for Medicare and Medicaid Services                     |
| COD   | Co-occurring Disorder  |
| CPC   | Civil Protective Custody                                       |
| CQI   | Continuous Quality Improvement                                 |
| CRT   | Crisis Response Team   |
| DBH   | Division of Behavioral Health                                  |
| DBT   | Dialectical Behavioral Therapy                                 |
| DHHS  | Department of Health & Human Services                          |
| EBC   | Evidence Based Practices                                       |
| eBHIN | Electronic Behavioral Health Information<br>Network            |
| EHR   | Electronic Health Record                                       |
| EMDR  | Eye Movement Desensitization and<br>Reprocessing               |
| EMR   | Electronic Medical Record                                      |
| EPC   | Emergency Protective Custody                                   |
| ERCS  | Emergency Community Support                                    |
| FFS   | Fee for Service  |
| FIF   | Families Inspiring Families                                    |
| FTE   | Full-Time Equivalent (Staff)                                   |
| FYI   | Family & Youth Investment                                      |
| HIPAA | Health Insurance Portability and<br>Accountability Act of 1996 |
| HOPE  | Higher Opportunities Through the Power<br>of Employment        |
| HPRP  | Homelessness Prevention and Rapid<br>Re-housing Program        |
| HUD   | Housing and Urban Development                                  |
| IMD   | Institutions for Mental Disease                                |
| ITN   | Intent to Negotiate  |
| JBC   | Joint Budget Commission  |
| LINCS | Linking Individuals/Families in Need of<br>Community Supports  |
| MH    | Mental Health  |
| MHB   | Mental Health Board  |
| MHFA  | Mental Health First Aid  |
| MHSIP | Mental Health Statistics Improvement<br>Program                |
| NABHO | National Association of Behavioral Health<br>Organizations     |
| NACO  | Nebraska Association of County Officials                       |
| NAMI  | National Alliance on Mental Illness                            |
| NFFS  | Non Fee for Service / Expense Reimbursement                    |
| NMT   | Network Management Team  |

### General Terms (continued)

|        |  |
|--------|--|
| NOMS   | National Outcome Measures                                    |
| NP     | Network Provider   |
| NPP    | Nebraska Partnership Project                                 |
| OCO    | Office of Consumer Affairs                                   |
| OTO    | One-time-only  |
| PATH   | Projects for Assistance of Transition from<br>Homelessness   |
| PIP    | Performance Improvement Plan                                 |
| PPP    | Prevention Professional Partner                              |
| PRR    | Psychiatric Residential Rehabilitation                       |
| QPR    | Question, Persuade, Refer                                    |
| RA     | Regional Administrator                                       |
| RAP    | Rental Assistance Program                                    |
| REAL   | Respond, Empower, Advocate, Listen                           |
| RFA    | Request for Approval   |
| RFP    | Request for Proposals  |
| RFQ    | Request for Qualifications                                   |
| RGB    | Regional Governing Board                                     |
| RHIN   | Regional Health Information Network                          |
| RHIO   | Regional Health Information Organization                     |
| RPC    | Regional Prevention Center                                   |
| RPH    | Rural Permanent Housing                                      |
| RPSC   | Regional Prevention System Coordination                      |
| RQIT   | Regional Quality Improvement Team                            |
| SA     | Substance Abuse  |
| SAMHSA | Substance Abuse and Mental Health Services<br>Administration |
| SAVE   | Systematic Alien Verification for Entitlements               |
| SCIP   | School Community Intervention Program                        |
| SED    | Serious Emotional Disturbance                                |
| SMI    | Serious Mental Illness                                       |
| SOC    | System of Care   |
| SPF    | Strategic Prevention Framework                               |
| SPMI   | Serious and Persistent Mental Illness                        |
| SUD    | Substance Abuse Disorder                                     |
| TAPP   | Transition Age Professional Partner                          |
| TAY    | Transition Age Youth   |
| TIC    | Trauma Informed Care   |
| WRAP   | Wellness Recovery Action Plan                                |

### Funded Agencies

|         |  |
|---------|--|
| ACT     | Associates in Counselling and Treatment    |
| BVBH    | Blue Valley Behavioral Health              |
| BBH     | Bridge Behavioral Health                   |
| Cntpt   | CenterPointe                               |
| CGC     | Child Guidance Center                      |
| HOH     | Houses of Hope                             |
| LFS     | Lutheran Family Services                   |
| LRC     | Lincoln Regional Center                    |
| LMEP    | Lincoln Medical Education Partnership      |
| MHA     | Mental Health Association                  |
| MHCC    | Mental Health Crisis Center                |
| ML      | Mary Lanning Hospital                      |
| PHC     | Peoples' Health Center                     |
| PIER    | Partners in Empowerment and Recovery (ACT) |
| ST. M'S | St. Monica's                               |
| TASC    | Targeted Adult Service Coordination        |
| TC      | Telecare Recovery Center                   |