

## **Region V Systems**

Promoting Comprehensive Partnerships in Behavioral Health

### Community Support / Non Residential Level of Care Meeting Minutes

November 20, 2017

1:30 p.m.

1645 'N' Street

Lincoln, NE

Present: Greg Bernt, BVBH; Dina Critel-Rathje, LFS; Kristi Svoboda, TASC; Katie Kimmerling, The Bridge; Tiffany Hicks, St. Monica's; Leslie Bitenieks, Jacob Grell, Rachelle Brouillard CenterPointe; Nick Flewelling, IPAV; Barbara Straus, Aging Partners; Cyndi Muhlbauer, UHC; Ben Kroeze, APS; John Turner and Breanne Chandler, Region V Systems

#### **1. Welcome, Introductions, Announcements, Additions to the Agenda**

- Introductions were made.
- Special guest from United Health Care, Cyndi Muhlbauer addressed the group and explained that UHC is in the process of bringing a housing program to Lincoln for its Consumers. They plan to model the program after the Camden project, using Trauma informed, Housing First Models. This is aimed at the high utilizers of services. They will either build a new complex or used scattered site housing. Cyndi is looking forward to working with the community as this project develops.

#### **2. Case Discussion:**

- An individual in their 60's, history of TBI and substance use, unable to care for self, making unsafe choices and can not stayed housed. Evicted after being housed for one month. Has not been able to stay sober and not taking medication. Has contact with police 2-3 times a week and is banned from the mission for life. Willing to move outside Lincoln city limits. Ideas from the group; Refer to ACT services, complete a MHB Petition, consider rural housing options.
- An individual in their 50's, has several medical conditions including seizures and is currently using. He was sober for 7 days while staying at the KEYA house. The most he has been sober has been 30 days. He detoxes daily due to his heavy use. He lost housing with MTKO program and can no longer work with MHA/KEYA. Was denied for SSDI and is appealing. Ideas from group; try for treatment, look more into what benefits are available to him through Native American Programs, due to his high need for medical care he may qualify for a nursing home and could complete a Waiver for funding. Potential nursing homes: Premier Estates of Crete, Sunrise Manor, Homestead.

#### **3. System Issues**

- Discussed a hole in services for individual who have high needs but are not suitable for a nursing home. Group homes are not adequate to meet all the needs of these individuals and are disfavored. The community needs a program/facility that can provide shelter, services and education to these individuals.
- Adult Protective Services will be moving to the Golds building.

#### **4. Bed / Capacity Availability / Other Agency Updates**

- Region V: Vouchers limited to Priority 1, Rural and those leaving residential treatment.
- Blue Valley: CS is now fully staffed in Lincoln and has openings (Medicaid only), there is a long waiting list in Beatrice (working on restructuring to help with this), Fairbury has openings, short waitlists in Nebraska City, Seward, Wahoo, David City, and York.

- CenterPointe: Still having open screenings, openings depend on priority, but CS is rather full.
- LFS: Wait list; Having trouble locating Consumers off of the wait list to set up appointments.
- TASC: no waiting list for ERCS
- The Bridge: no waiting list for IOP; need to have a funding service.
- St. Monica's: No waiting list, will take referrals outside of STM consumers, need to have SD or Dual diagnosis.
- IPAV: Few Medicaid CS openings.
- Aging Partners: Some waiting list for CS.

5. **Next Meeting**

- The next meeting date is **January 22, 2017**, 1:30 p.m. – 3:00 p.m.